Autumn/Winter MENU
UNICORN Nursery

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	A selection of cereal and toast				
Snack	Fresh fruit/Veg sticks/Bread Sticks Rice cake or cheese, milk & water				
Lunch	Sausage casserole with Yorkshire Pud	Lasagna with Garlic Bread	Fishcakes, mash, peas, sweetcorn, Parsley Sauce	Chicken Korma, rice, Naan bread	Cheese & Onion omelette, wedges, beans
Pudding	Flapjacks	Banana Splits	Fromage Frais	Mini Blueberry muffins	Strawberry Jelly
Snack	Fresh fruit/Veg sticks/Bread Sticks Rice cake or cheese, milk & water				
Tea	Cream Crackers with cheese Yoghurt	Crumpets Fairy Cakes	Tomato Soup & Bread Scotch Pancakes	Spaghetti or Beans on Toast Ice cream	Various sandwiches Fruit cocktail

Our menus change on a four-weekly basis throughout the term

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Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	A selection of cereal and toast				
Snack	Fresh fruit/Veg sticks/Bread Sticks Rice cake or cheese, milk & water				
Lunch	Pasta Bolognaise with Garlic Bread	Fish fingers, chips & spaghetti	Barbeque Chicken & Rice	Savoury mince, mixed veg, new pots.	Cheese & Potato pie and beans
Pudding	Strawberry Swiss Roll	Pineapple Chunks	Fresh mixed melon	Lime Jelly	Banana Whip
Snack	Fresh fruit/Veg sticks/Bread Sticks Rice cake or cheese, milk & water				
Tea	Cream Crackers with cheese Yoghurt	Crumpets Fairy Cakes	Tomato Soup & Bread Scotch Pancakes	Spaghetti or Beans on Toast Ice cream	Various sandwiches Fruit cocktail

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Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	A selection of cereal and toast				
Snack	Fresh fruit/Veg sticks/Bread Sticks Rice cake or cheese, milk & water				
Lunch	Chilli con carne with potato wedges	Cheese & Tomato pasta and Garlic Bread	Chicken Casserole w. baguettes	Shepherd's Pie, carrots and peas	Sausage, hash browns and beans
Pudding	Flapjacks	Bananas & Custard	Fruit Terrine	Ice Cream & Sauce	Creamy rice pudding
Snack	Fresh fruit/Veg sticks/Bread Sticks Rice cake or cheese, milk & water				
Tea	Cream Crackers with cheese Yoghurt	Crumpets Fairy Cakes	Tomato Soup & Bread Scotch Pancakes	Spaghetti or Beans on Toast Ice cream	Various sandwiches Fruit cocktail

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Week 4	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	A selection of cereal and toast				
Snack	Fresh fruit/Veg sticks/Bread Sticks Rice cake or cheese, milk & water				
Lunch	Fish Pie with peas and sweetcorn	Vegetable Curry, rice and naan	Sweet & Sour Chicken with Noodles	Jacket potato, cheese & beans	Chicken Goujons, broccoli & cauliflower bake
Pudding	Peaches & creme frâiche	Fresh Fruit Cocktail	Apple Crumble & custard	Strawberry Whip	Ice Cream with strawberry sauce
Snack	Fresh fruit/Veg sticks/Bread Sticks Rice cake or cheese, milk & water				
Tea	Cream Crackers with cheese Yoghurt	Crumpets Fairy Cakes	Tomato Soup & Bread Scotch Pancakes	Spaghetti or Beans on Toast Ice cream	Various sandwiches Fruit cocktail

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